

MOURNING SUN INFORMED CONSENT

We are pleased to have you join Mourning Sun for our upcoming event. The agenda is designed to create a safe and meaningful environment. However, you as the participant acknowledge that it is not a replacement for individual, ongoing therapy.

Throughout the virtual retreat on Oct. 24, 2020, guidance will be offered within an online group setting. As a remote participant, you are responsible for your own setting, goals and outcomes. Given the subjective and emotional nature of the work, no results can be guaranteed. You agree to save and hold harmless Mourning Sun and its presenters from any liability that may arise as a result of participation.

Participation and activities are all optional. You have the ultimate responsibility for the actions that you take. At all times, you, not Mourning Sun, are in charge of what you choose to do or not do with the suggestions presented.

At no time should you feel compelled to “please” presenters by agreeing to a strategy that you question or doubt. You may opt out or ask for another option at any time. Mourning Sun welcomes your feedback and relies on knowing that you will protect your needs by only taking those actions that are best for you. This applies to both physical and emotional activities.

Emotions in particular can be overwhelming, and even unexpected at times. You may share, reach out privately, or take time to yourself as needed.

Throughout the event, there will be opportunities for both large and small group discussions. Whether talking or listening best meets your needs, Mourning Sun offers a safe space for everyone. With that in mind, we ask that you maintain the confidentiality of others during the course of the event.

The links we provide for virtual participation will be password protected. However, you also acknowledge and accept the risks that are inherent to digital sharing.

Should it become clear during the event that you need psychotherapy services (diagnosis, treatment, medication), Mourning Sun can make referrals. Referrals can also be made should you express interest in more continuous or individualized support once the event has ended. Our licensed clinical social worker will be happy to schedule a separate, private consultation on the day following the event for anyone who is interested; please reach out to her directly.

Mourning Sun will only release information about our work to others with your written permission, if we are required to do so by a court order, or if there is a threat of serious harm to yourself or others.

Your signature below signals consent and acceptance of this agreement. It also confirms you are an adult age 18+. Please return to mourningsunsanctuary@gmail.com before participation.

Printed Name

Signature

Date